

Washington Flora Checklist

A checklist of the Vascular Plants of Washington State Hosted by the University of Washington Herbarium

Family: Lamiaceae

55 terminal taxa (species, subspecies, and varieties).

The Washington Flora Checklist aims to be a complete list of the native and naturalized vascular plants of Washington State, with current classifications, nomenclature and synonymy.

Taxa included in the checklist:

- Native taxa whether extant, extirpated, or extinct.
- Exotic taxa that are naturalized, escaped from cultivation, or persisting wild.
- Waifs (e.g., ballast plants, escaped crop plants) and other scarcely collected exotics.
- Interspecific hybrids that are frequent or self-maintaining.
- Some unnamed taxa in the process of being described.

Family classifications follow [APG IV](#) for angiosperms, PPG I (J. Syst. Evol. 54:563-603. 2016.) for pteridophytes, and Christenhusz et al. (Phytotaxa 19:55-70. 2011.) for gymnosperms, with a few exceptions. Nomenclature and synonymy at the rank of genus and below follows the [2nd Edition of the Flora of the Pacific Northwest](#) except where superseded by new information.

Accepted names are indicated with **blue type**, synonyms with **gray type**.

Native species and infraspecies are marked with **bold-face type**.

*Non-native and introduced taxa are preceded by an asterisk.

Please note: This is a working checklist, continuously updated. Use it at your discretion.

Created from the Washington Flora Checklist database on April 29th, 2026 at 3:11am PT.
Available online at <https://burkeherbarium.org/waflora/>

Comments and questions should be addressed to the checklist administrators:

David Giblin (dgiblin@uw.edu)

Peter Zika (zikap941@gmail.com)

Suggested citation:

Weinmann, F., P.F. Zika, D.E. Giblin, B. Legler. 2002+. Checklist of the Vascular Plants of Washington State. University of Washington Herbarium. <https://burkeherbarium.org/waflora/>. Accessed Apr 29, 2026.

Dicots:

Labiatae: see Lamiaceae

Lamiaceae [HC2] Mint Family

Synonyms:

Labiatae [HC]

Agastache [HC, HC2]

agastache, giant-hyssop, horse-mint

Agastache occidentalis (Piper) A. Heller [HC, HC2]

Muhlenbergia; a journal of botany 1(1): 4. 1900.
western giant-hyssop

Agastache urticifolia (Benth.) Kuntze [HC, HC2]

Revis. Gen. Pl. 2: 511. 1891.
nettle-leaf giant-hyssop

var. urticifolia [HC2]

Revis. Gen. Pl. 2: 511. 1891.
nettle-leaf giant-hyssop

**Ajuga* [HC, HC2]

bugle

**Ajuga reptans* L. [HC, HC2]

Sp. Pl. 2: 561. 1753.
carpet bugle

**Ballota* [HC2]

Clinopodium [HC2]

clinopodium

Clinopodium douglasii (Benth.) Kuntze [HC2, IFBC]

Revisio Generum Plantarum 2: 515. 1891.
Oregon-tea, yerba buena

Micromeria chamissonis (Benth.) Greene

Satureja chamissonis (Benth.) Briq.

Satureja douglasii (Benth.) Briq. [HC]

**Clinopodium vulgare* L. [HC2, IFBC]

Sp. Pl. 2: 587-588. 1753.
wild basil

Satureja vulgaris (L.) Fritsch

Dracocephalum [HC, HC2]

dragonhead

Dracocephalum parviflorum Nutt. [HC, HC2]

Gen. N. Amer. Pl. 2: 35. 1818.
American dragonhead

**Galeopsis* [HC, HC2]

hemp nettle

**Galeopsis bifida* Boenn. [HC2, Stace 1997]

Prodr. Fl. Monast. Westphal. 178. 1824.

bifid hemp nettle

**Galeopsis tetrahit* L. [HC, HC2]

Sp. Pl. 2: 579-580 1753.

common hemp nettle

*var. *tetrahit* [HC2]

common hemp nettle

**Glechoma* [HC2]

ground ivy

Glecoma [HC], orthographic variant

**Glechoma hederacea* L. [HC2]

Sp. Pl. 2: 578. 1753.

field balm, creeping Charlie, ground ivy

Glecoma hederacea L. [HC], orthographic variant

Note that H&C use the spelling "Glecoma", which is invalid.

**Hyssopus* [HC2]

hyssop

**Lallemantia* [HC2]

lallemantia

**Lallemantia peltata* (L.) Fisch. & C.A. Mey. [HC2]

Index Seminum [St.Petersburg (Petropolitanus)] 6: 53. 1840.

lion's heart

Dracocephalum peltatum L.

Recently collected (2015) in Asotin County.

**Lamium* [HC, HC2]

**Lamium amplexicaule* L. [HC, HC2]

Sp. Pl. 2: 579. 1753.

common dead-nettle, giraffehead

**Lamium galeobdolon* (L.) L. [WTU]

Amoen. Acad., Linnaeus ed. 4: 485. 1759.

yellow archangel, yellow dead-nettle

Lamiastrum galeobdolon (L.) Ehrend. & Polatschek

Lamiastrum galeobdolon (L.) Ehrend. & Polatschek ssp. *argentatum* (Smejkal) Stace

**Lamium hybridum* Vill. [HC2, Stace 1997]

Hist. Pl. Dauphiné 1: 251. 1786.

cutleaf dead-nettle

Not in H&C.

**Lamium maculatum* L. [HC, HC2]

Sp. Pl. (ed. 2) 2: 809. 1763.

spotted hen-nettle, spotted henbit

**Lamium purpureum* L. [HC, HC2]

Sp. Pl. 2: 579. 1753.

red dead-nettle, henbit

Lamium purpureum L. var. *purpureum*

**Lavandula* [HC2]

**Leonurus* [HC, HC2]

motherwort

**Leonurus cardiaca* L. [HC, HC2, Stace 1997]

Sp. Pl. 2: 584. 1753.

motherwort, Lion's tail

Leonurus cardiaca L. ssp. *cardiaca* [Stace 1997]

Lycopus [HC, HC2]

bugleweed, water-horehound

Lycopus americanus Muhl. ex W.P.C. Bartr. [HC, HC2]

Fl. Philadelph. Prodr. 15. 1815.

cut-leaf water-horehound

(see also *Lycopus europaeus*)

Lycopus asper Greene [HC, HC2]

Pittonia 3(19C): 339. 1898.

rough water-horehound

**Lycopus europaeus* L. [HC2]

Sp. Pl. 1: 21. 1753.

European water-horehound

Well established in the Puget Trough, where first collected in Seattle in 1935. Also known from northeast Washington (Stevens County), southwest and south-central British Columbia, the lower Columbia River of Oregon, and eastern North America. Previously confused with *Lycopus americanus*; *L. europaeus* has longer calyces (2.7-4 mm) with longer teeth (1.6-2.5 mm), and more conspicuously pubescent lower leaf surfaces especially along the veins.

Lycopus uniflorus Michx. [HC, HC2]

Fl. Bor.-Amer. 1: 14. 1803.

northern bugleweed

Lycopus uniflorus Michx. var. *uniflorus*

Lycopus virginicus L. var. *pauciflorus* Benth.

**Marrubium* [HC, HC2]

horehound

**Marrubium vulgare* L. [HC, HC2]

Sp. Pl. 2: 583. 1753.

white horehound

**Melissa* [HC, HC2]

balm

**Melissa officinalis* L. [HC, HC2]

Sp. Pl. 2: 592. 1753.

lemonbalm

Mentha [HC, HC2]

mint

**Mentha aquatica* L. [HC2, IFBC]

Sp. Pl. 2: 576. 1753.

bergamot mint, water mint

Mentha canadensis L. [HC2]

Sp. Pl. 2: 577. 1753.

wild mint

Mentha arvensis L. [HC], misapplied
Mentha arvensis L. var. *canadensis* (L.) Kuntze
Mentha arvensis L. var. *glabrata* (Benth.) Fernald [HC]

**Mentha x piperita* L. [HC, HC2]

Sp. Pl. 2: 576-577. 1753.
peppermint

Mentha aquatica L. var. *crispa* (L.) Benth.
Mentha crispa L.
Mentha x piperata L.

**Mentha pulegium* L. [HC, HC2]

Species Plantarum 2: 577. 1753.
pennyroyal

**Mentha spicata* L. [HC, HC2]

Sp. Pl. 2: 576. 1753.
spearmint

**Mentha suaveolens* Ehrh. [HC2, IFBC]

Beitr. Naturk. 7: 249-150. 1792.
apple mint

Mentha x rotundifolia (L.) Huds. [HC, HC2], misapplied

Monarda [HC, HC2]

monarda

Monardella [HC, HC2]

monardella

Monardella odoratissima Benth. [HC, HC2]

Labiata. Gen. Spec. [4]: 332. 1834.
mountain monardella

ssp. discolor (Greene) Epling [HC2, KZ99]

Ann. Missouri Bot. Gard. 12: 60. 1925.
mountain monardella

Madronella nervosa (Greene) Greene

Monardella discolor Greene

Monardella nervosa Greene

Monardella odoratissima Benth. var. *discolor* (Greene) H. St. John [HC]

ssp. odoratissima [HC2, KZ99]

mountain monardella

Monardella odoratissima Benth. var. *odoratissima* [HC]

**Nepeta* [HC, HC2]

**Nepeta cataria* L. [HC, HC2]

Sp. Pl. 2: 570. 1753.
catnip

**Origanum* [HC, HC2]

wild marjoram

**Origanum vulgare* L. [HC, HC2]

Sp. Pl. 2: 590. 1753.
wild marjoram

**Perilla* [HC2]

**Perilla frutescens* (L.) Britton [HC2]

*var. *frutescens* [HC2]

Physostegia [HC, HC2]

physostegia

Physostegia parviflora Nutt. ex A. Gray [HC, HC2]

Syn. Fl. N. Amer. 2(1): 383. 1878.

purple dragonhead, western false dragonhead

Prunella [HC, HC2]

all-heal, self-heal

**Prunella xintermedia* Link

Ann. Naturgesch. 1: 32. 1791.

hybrid self-heal

Sparingly introduced in Thurston and San Juan counties as of 2025.

Prunella vulgaris L. [HC, HC2]

Sp. Pl. 2: 600. 1753.

self-heal

var. ***lanceolata*** (W.P.C. Barton) Fernald [HC, HC2]

Rhodora 15(178): 183. 1913.

heal-all, self-heal

Prunella vulgaris L. ssp. *lanceolata* (W.P.C. Barton) Hultén [KZ99], invalid name

*var. ***vulgaris*** [HC, HC2]

Sp. Pl. 2: 600. 1753.

heal-all, self-heal

Prunella vulgaris L. ssp. *vulgaris* [KZ99]

Salvia [HC, HC2]

sage

**Salvia aethiopsis* L. [HC, HC2]

Sp. Pl. 1: 27. 1753.

African sage

Noxious.

Salvia dorrii (Kellogg) Abrams [HC, HC2]

Ill. Fl. Pacific States 3: 639. 1951.

gray ball sage, purple sage

var. ***incana*** (Benth.) Strachan [HC2, JPM]

Brittonia 35(2): 170. 1983.

fleshy sage, gray-ball sage

Salvia carnososa Douglas ex Greene

Salvia dorrii (Kellogg) Abrams ssp. *carnososa* (Douglas ex Greene) Abrams

Salvia dorrii (Kellogg) Abrams var. *carnososa* (Douglas ex Greene) Cronquist [HC]

**Salvia sclarea* L. [HC, HC2]

Sp. Pl. 1: 27. 1753.

cleareye

Considered noxious in WA,

**Salvia yangii* B.T. Drew [WTU]

Taxon 66(1): 141. 2017.

Russian sage

Perovskia atriplicifolia Benth.

Scutellaria [HC, HC2]

skullcap

Scutellaria angustifolia Pursh [HC, HC2]

Fl. Amer. Sept. (Pursh) 2: 412. 1813.
narrow-leaved skullcap

ssp. angustifolia [HC2, IFBC]

Fl. Amer. Sept. 2: 412 [1813]. 1814.
narrow-leaved skullcap

Scutellaria veronicifolia Rydb.

ssp. micrantha Olmstead [HC2, IFBC]

Contr. Univ. Michigan Herb. 17: 240. 1990.
small-flowering narrow-leaved skullcap

Scutellaria galericulata L. [HC, HC2]

Sp. Pl. 2: 599. 1753.
hooded skullcap, marsh skullcap

Scutellaria lateriflora L. [HC, HC2]

Sp. Pl. 2: 598-599. 1753.
madweed, mad-dog skullcap

Scutellaria lateriflora L. var. *lateriflora*

Stachys [HC, HC2]

betony, hedge-nettle, woundwort

***Stachys arvensis** (L.) L. [HC2, IFBC]

Sp. Pl. (ed. 2) 2: 814. 1763.
field hedge-nettle, staggerweed

***Stachys byzantina** K. Koch [HC2]

Stachys cooleyae A. Heller [HC, HC2]

Bull. Torrey Bot. Club 26(1): 590-591. 1899.
Cooley's hedge-nettle

Stachys chamissonis Benth. var. *cooleyae* (A. Heller) G.A. Mulligan & D.B. Munro [KZ99]

Stachys mexicana Benth. [HC, HC2]

Labiata. Gen. Spec. 541. 1834.
Mexican hedge-nettle

Stachys pilosa Nutt. [HC2]

J. Acad. Nat. Sci. Philadelphia vii. 1834.
marsh betony, swamp hedge-nettle

var. pilosa [HC2]

marsh betony, swamp hedge-nettle

Stachys palustris L. [HC], misapplied

Stachys palustris L. var. *homotricha* Fernald

Stachys palustris L. var. *pilosa* (Nutt.) Fernald [HC]

Stachys rigida Nutt. ex Benth. [HC, HC2]

Prodr. [A. P. de Candolle] 12: 472. 1848.
rigid hedge-nettle

Stachys rigida Nutt. ex Benth. var. *rigida*

Teucrium [HC, HC2]

germander, wood sage

Teucrium canadense L. [HC, HC2]

Sp. Pl. [Linnaeus] 2: 564. 1753.

western germander

var. *occidentale* (A. Gray) E.M. McClint. & Epling [HC, HC2]

Brittonia 5(5): 499. 1946.

Canada germander

Teucrium boreale E.P. Bicknell

Teucrium canadense L. ssp. *occidentale* (A. Gray) W.A. Weber

Teucrium canadense L. ssp. *viscidum* (Piper) Roy L. Taylor & MacBryde

Teucrium canadense L. var. *boreale* (E.P. Bicknell) Shinnery

Teucrium occidentale A. Gray

**Thymus* [HC, HC2]

thyme

**Thymus serpyllum* L. [HC, HC2]

Trichostema [HC, HC2]

blue-curls, trichostema

Trichostema oblongum Benth. [HC, HC2]

Labiata. Gen. Spec. 659. 1835.

mountain bluecurls

**Ziziphora* [HC2]

Acinos

**Ziziphora acinos* (L.) Melnikov [HC2]

Bot. Zhurn. (Moscow & Leningrad) 101(1): 89. 2016.

basil-thyme

Acinos arvensis (Lam.) Dandy [IFBC]

Satureja acinos (L.) Scheele [HC]